**Fruits & Veggies**

Grandpa Rex’s Candied Apples

**Note: Gpa says “It is simple and very good. My sister likes to add sugar, but you don’t need it. The apples do all the work for you.”**

**Directions**

Peel, core, and slice apples into rings.

Boil 1-2’’ of water in pan with high sides to protect from splatter. Stir in 4 oz of Red Hots until dissolved.

Place 2-3 apples worth of slices into boiling water. Cook until apples are soft. Remove from water and put into final serving bowl to be refrigerated.

4 oz Red Hots lasts for three rounds of cooking.

**Pair with**

**3 Stouffer’s lasagna trays**

**Ingredients**

**5-6 apples, honeycrisp**

**4 oz – Red Hots candy**

**Makes**

**Grandpa typically doubles to serve the whole family.**

